



PARENT NEWSLETTER NOVEMBER 2020

HOW DO I...GET ACCESS TO MEDIA CENTER ITEMS?

The WFHS Media Center staff is here as a resource for students and parents! Email our media staff email during school hours and get an immediate response.

wfh-media-ctr@wcpss.net

WCPSS has created a one-stop shop for technology help during remote learning. Check out their tips for troubleshooting at <https://www.wcpss.net/techguides>.

Your students can access books from the Media Center through our curbside pickup service or our new eBook collection! See below for more information.

WFHS Media Center

NOW OFFERING
CURBSIDE PICKUP

If you have questions, email the Media staff at wfh-media-ctr@wcpss.net.

Check Out a Book
5 Easy Steps

- 1) Login to your WakeID Portal.
- 2) Click on the Follett icon to open Destiny Discover.
- 3) Search for a book.
- 4) Click the 'Hold' button underneath the book you'd like to check out.
- 5) Wait for a member of the Media Staff to contact you via student email to let you know it's ready and when to pick it up from school.

Follett

Click [HERE](#) for more details about our new eBook collection and how to access those books from any device wherever you are!

Follow us on Twitter (@wfhsmmedia) and Instagram (wfhsm.media) for more Media Center updates!

TIPS & SUGGESTIONS: ENGLISH

During this virtual time, our English Department is happy to announce that we have teamed up with our amazing WFHS Media Center in order to provide digital copies of our required course novels.

Using the MackinVia system, students can access class novels from their Wake ID on any device. Digital copies allow students to highlight passages, listen to audio, and change text features. MacinVia also allows students to access digital copies of other select-ed books available from our Media Center.

Many of our classes have had tutorials and visits from our Media ecialists about this program and resources available to our English courses. Please reach out to your child's English teacher if you have any questions.

HAMLER'S HIGHLIGHTS



As the month of November welcomes the Thanksgiving Holiday, I want to thank our students, parents, staff, and community for your resilience and grace as we continue to navigate through 2020.

We are currently preparing for face-to-face instruction and the continuance of the virtual academy for January. Please know that we are working hard to prepare WFHS as a safe place for our students and staff. Your help with enforcing the three W's - Wear a mask, Wash your hands, Wait 6 feet apart - will help us with this preparation.

The semester is quickly coming to an end. There are many opportunities for students to get extra help prior to the end of the semester. Please contact the counselors to inquire about any interventions. Exams begin January 11th.

Remember, no matter the challenges, there is always something to be thankful for.

STUDENT SERVICES

Why is mindfulness important?

Mindful practice can reduce stress, lessen anxiety, and lead to better health. Social/emotional wellness is something the counseling department makes a priority, as it is an integral part of our comprehensive counseling program. Parents can also encourage/practice mindful practices at home. There is more information in the 9-11 grade Parent Night slides on this topic.

Music to put on when studying: <https://www.youtube.com/watch?v=F5ti3LoygCQ>
Grounding video to calm down (3 mins): <https://www.youtube.com/watch?v=1ao4xdDK9IE>

The 9th Grade Counselors are meeting with all freshmen students, via Google Meet. Students will complete a Freshmen Interview survey and discuss post-secondary planning, career interests, promotion requirements, grades, involvement in our school through clubs, sports, extracurricular activities, mindfulness, study skills and School Counselor support. If your student has not signed up for an interview yet, please encourage them to sign up on the **Freshmen Interview Google Classroom: ws5cej**

UPCOMING EVENTS

- **DECEMBER 12: JUMPSTART YOUR FUTURE (RESUME TIPS)**
Sponsored by the Business Alliance
- **DECEMBER 14: PTSA MEETING**
7:00 PM
- **DECEMBER 15: BUSINESS ALLIANCE MEETING**
- **JANUARY 11: PTSA MEETING**
7:00 PM
- **JANUARY 12: BUSINESS ALLIANCE MEETING**
- **JANUARY 13: PTSA SPIRIT NIGHT @ PANERA BREAD**
4:00 - 8:00 PM

YEARBOOK UPDATE

Since copies are limited and school schedules continue to change, we ask that you please order your yearbook online.

ORDER YEARBOOK